



**TERRA GAUCHA**  
BRAZILIAN STEAKHOUSE

# Welcome TO SOUTHERN BRAZIL

## WINTER RESTAURANT WEEK LUNCH MENU

### GOURMET HOT & COLD BAR

Help yourself over 75 items including salads, locally sourced vegetables, fruits, authentic Brazilian hot dishes, imported cured meats and cheeses, and sauces.

### CLASSIC SALADS

Caesar Salad  
Wedge Salad  
Caprese Salad  
Cucumber Onion Tomato Salad

### CRAFTED SALADS

Chicken Salad  
Potato Salad  
Apple Salad  
Arugula & Feta Salad  
Pasta Salad

### CHARCUTERIE & IMPORTED CHEESES

Smoked Trout  
Prosciutto  
Genoa Salami  
Soppressata  
Grana Padano  
Manchego  
Fresh Mozzarella  
Smoked Provolone

### TERRA BRAZILIAN INSPIRED SALADS

Avocado Salad  
Quinoa Edamame Salad  
Shrimp & Mango Salad  
Jalapeño Bacon & Cheese  
Quinoa Tabbouleh

### FRESH VEGETABLES & FRESH FRUITS

Sliced Beets & Oranges  
Cantaloupe  
Mango  
Papaya  
Roasted Artichokes  
Green Beans  
Asparagus  
Broccoli

### HOT ITEMS

#### PORK BELLY FEIJOADA:

A mixture of black beans, pork belly, and flavorful seasoning

#### STROGANOFF:

Tender strips of beef and mushrooms, cooked in a creamy sauce and rounded off with sour cream.

#### WHITE RICE

### WARM PARMESAN CHEESE PUFF (PÃO DE QUEIJO)

GLUTEN FREE

A true Brazilian classic! You can't go to Terra Gaucha and not try this delicacy!

Menu Available Every day during the Winter Restaurant Week – 02/17/2025 to 03/02/2025

**Winter Restaurant Week Lunch: \$20.00**

Winter Restaurant Weeks Menu is a promotional price menu. Must mention restaurant week to the hostess or server before starting your dining experience to get the promotion. Drinks, Desserts, Tax, Gratuity are not included. May not be combined with any other offers or specials.

Please inform your server of any food allergies or dietary restrictions. Dine-in only, all food is prepared for immediate enjoyment. No Food from Rodizio Experience is allowed to go. 20% gratuity added to parties of 6 or more guests.

TERRA GAUCHA TAKES PRIDE IN SERVING A LARGE PORTION OF OUR MENU GLUTEN FREE

Terra Gaucha Brazilian Steakhouse  
230 Tresser Blvd Stamford CT – 06901 475-977-3522



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# Winter Restaurant WEEKS DINNER MENU

## THE ULTIMATE CHURRASCO EXPERIENCE

### AUTHENTIC GAUCHO-STYLE DINING

Fire-roasted beef, lamb, poultry, pork, and seafood served continuously to your table by our Gauchos.

### BOVINA (BEEF)\*

Picanha (Premium Sirloin Cap) "The House Specialty"  
Picanha ao Alho (Premium Sirloin Cap with Garlic)  
Fraldinha (Bottom Sirloin)  
Alcatra (Top Sirloin)

### CORDEIRO (LAMB)

Picanha de Cordeiro (Lamb Sirloin)

### FRANGO (CHICKEN)

Coxa de Frango (Chicken Drumsticks)  
Peito de Frango (Chicken wrapped in Bacon)

### PORCO (PORK)

Costela de Porco (Pork Ribs)  
Lombo de Porco (Parmesan-encrusted Pork Loin)  
Linguiça (Pork Sausage)

### HOT & COLD BAR:

Featuring over 55 items including locally-sourced vegetables, fruits, salads, authentic Brazilian hot dishes, sauces, and imported cured meats and cheeses.

### SIDES:

Pão de Queijo (warm parmesan cheese bread puff), Pure de Batata (mashed potatoes) and caramelized bananas served complimentary to every table.

Menu Available Monday - Thursday during Winter Restaurant Weeks from 2/17/25 until 3/2/25

## PRICING

Restaurant Weeks Dinner Rodizio: **\$45.00**

\*Restaurant Weeks Menu is a promotionally priced menu, the following items from the Full Rodizio Menu are excluded:  
Beef Ribs, Filet Mignon, Ribeye, Lamb Chops, and Seafood  
Children 6-12 are half-priced / Children 0-5 are complimentary  
Automatic 20% gratuity added to parties of 6 or more.

\*Meats are cooked to the guest's preference. Please inform your server of any food allergies or dietary restrictions. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illnesses.

Dine-in only, all food is prepared for immediate enjoyment. No food is allowed to be taken to-go.

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