



TERRA GAUCHA

BRAZILIAN STEAKHOUSE

Welcome to Southern Brazil

Summer Restaurant Week Lunch Menu \$20

Gourmet Hot & Cold Bar

Help yourself over 75 items including salads, locally sourced vegetables, fruits, authentic Brazilian hot dishes, imported cured meats and cheeses, and sauces.

Classic Salads

Caesar Salad
Wedge Salad
Caprese Salad
Cucumber Onion Tomato Salad

Crafted Salads

Chicken Salad
Potato Salad
Apple Salad
Arugula & Feta Salad
Pasta Salad

Chacuterie & Imported Cheeses

Smoked Trout
Prosciutto
Genoa Salami
Soppressata
Grana Padano
Manchego
Fresh Mozzarella
Smoked Provolone

Terra Brazilian Inspired Salads

Avocado Salad
Quinoa Edamame Salad
Shrimp & Mango Salad
Jalapeño Bacon & Cheese
Quinoa Tabbouleh

Fresh Vegetables & Fresh Fruits

Sliced Beets & Oranges
Cantaloupe
Mango
Papaya
Roasted Artichokes
Green Beans
Asparagus
Broccoli

Hot Items

Pork Belly Feijoada:
A mixture of black beans, pork belly, and flavorful seasoning.

Stroganoff:
Tender strips of beef and mushrooms, cooked in a creamy sauce and rounded off with sour cream.

White Rice

Warm Parmesan Cheese Puff (Pão de Queijo)

A true Brazilian classic! You can't go to Terra Gaucha and not try this delicacy! *Gluten Free*



Menu Available Every day during the Summer Restaurant Week – 08/18/2025 to 09/01/2025

Summer Restaurant Week Lunch: \$20.00

Summer Restaurant Weeks Menu is a promotional price menu.

Must mention restaurant week to the hostess or server before starting

your dining experience to get the promotion.

Drinks, Desserts, Tax, Gratuity are not included.

May not be combined with any other offers or specials.

Please inform your server of any food allergies or dietary restriction.

Dine-in only, all food is prepared for immediate enjoyment. No Food from Rodizio Experience is allowed to go.

20 % gratuity added to parties of 6 or more guests.

Terra Gaúcha takes pride in serving a large portion of our menu gluten free

Terra Gaúcha Brazilian Steakhouse

♦ 230 Tresser Blvd ♦ Stamford CT – 06901 ♦ 475-977-3522 ♦

Welcome to Southern Brazil

Summer Restaurant Week Dinner Menu

ULTIMATE CHURRASCO EXPERIENCE

Churrasco - Authentic Gaúcho Style Cooking

Fire roasted beef, lamb, poultry, pork, and seafood served continuously to your table.

Bovina *Beef*

Picanha (*Premium Sirloin Cap*) “Specialty of the house”

Picanha ao Alho (*Premium Sirloin Cap with Garlic*)

Fraldinha (*Bottom Sirloin*)

Alcatra (*Top Sirloin*)

Cordeiro *Lamb*

Cordeiro (*Lamb Sirloin*)

Frango *Poultry*

Coxa de Frango (*Chicken Drumsticks*)

Peito de Frango (*Chicken wrapped in Bacon*)

Porco *Pork*

Costela de Porco (*Pork Ribs*)

Lombo de Porco (*Parmesan encrusted Pork Loin*)

Linguiça (*Pork Sausage*)

Fresh and Hot Bar Terra Gaúcha's fresh, cold & hot bars feature locally sourced vegetables, authentic Brazilian hot dishes, cured meats and cheeses

Acompanhamentos (Sides) Every table is served Pão de Queijo (warm parmesan cheese puff), Pure de batata (mashed potatoes) and caramelized bananas



Menu Available Every day during the Summer Restaurant Week – **08/18/2025 to 09/01/2025**

Summer Restaurant Week Dinner Rodizio: \$45.00

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Drinks, Desserts, Tax, Gratuity are not included.

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Certain cuts from the Full Rodizio menu are excluded.

Excludes:

*Beef Ribs, Filet Mignon, Rib Eye, Lamb Chops, Grilled Salmon, Grilled Shrimp

Children 6-12 are Half-priced

0-5 are complimentary.

**Meats are cooked to guest's preference. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk for food borne illness.*

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