

STAMFORD DOWNTOWN

MONTHLY E-NEWSLETTER



SWEET NEWS FOR STAMFORD DOWNTOWN: INSOMNIA COOKIES IS HERE!



insomnia cookies

Get ready to indulge! Whether you need a study break treat, a late-night snack, or just a delicious pick-me-up, Insomnia Cookies is set to become your new favorite sweet spot!

Insomnia Cookies is opening its first Stamford location at The One Atlantic building downtown, marking the late-night bakery chain's fourth store in Connecticut.

The cookie shop, located at 1 Atlantic St., Suite D, sits near the UConn Stamford campus and right across from the Ferguson Library.

Founded in 2003, Insomnia Cookies has grown to more than 300 locations nationwide, serving classic and deluxe cookies, ice cream, brownies, blondies, vegan options, and rotating limited-time treats through in-store sales and late-night delivery. The Stamford store will offer in-store ordering, pickup, and delivery to nearby neighborhoods and the UConn Stamford campus.

The opening was celebrated with an all-day grand opening on Saturday, Jan. 17. New customers who join the Insomnia Rewards program that day will receive a free classic cookie, and free delivery will be available with a promo code through Feb. 2. Regular hours will run late into the night, with service until 3 A.M. on select days.

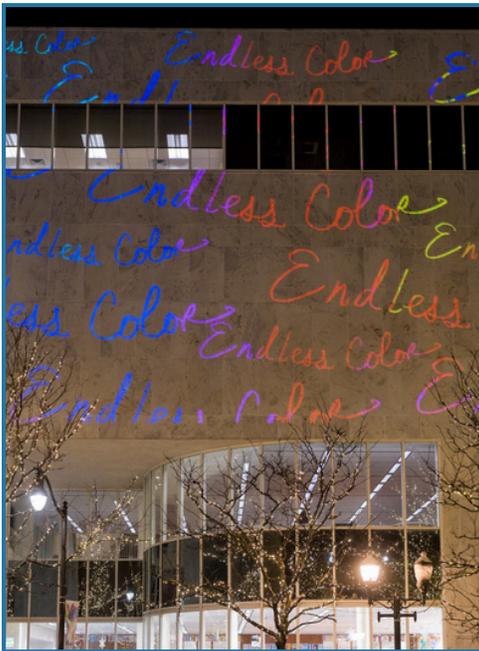
You know you want some.

Photo Credit: Insomnia Cookies

BRINGING ENDLESS COLOR TO THE DOWNTOWN

Stamford Downtown, in partnership with The Ferguson Library, is proud to announce a new temporary public art installation featuring an immersive light projection created by award-winning Stamford-based artist Holly Danger (hollydanger.com). The installation will illuminate the east façade of the iconic Ferguson Library at 1 Public Library Plaza, transforming one of Downtown’s most visible civic landmarks into a vibrant, animated canvas.

The inaugural projection, titled *Endless Color*, is an ever-changing, 10-minute seamless loop of Danger’s most vivid and expressive video artwork. Drawing inspiration from nature, each composition blends photography, video, drawing, and layered animated collage—creating a soothing, dreamlike flow of color, form, and movement. The installation is designed to uplift viewers during the darkest, coldest months of the year by offering a moment of wonder, beauty, and peace.



“Endless Color highlights the creativity of Holly Danger while adding artwork to Bedford Street and highlighting the Ferguson Library. Stamford Downtown believes in the power of art to foster personal connection, to brand Downtown as a hub for culture and creativity while also attracting patrons to our many Downtown restaurants and entertainment establishments”
 said Michael Moore, President of Stamford Downtown.

Danger’s work evolves from footage she captures in nature and transforms into abstract visual environments intended to enhance surrounding architecture and spark emotional connection. The projection’s slow, fluid transitions allow passersby to pause, breathe, and step outside the routine of their day.

The installation was installed on January 7, 2026, and will run throughout the winter season from 5 P.M. – 10 P.M. It will be visible nightly on the east façade of The Ferguson Library until March 7, 2026.

Special thanks to MarLo Associates and 11th Hour Productions.

BEST OF SHOW FOR DECK THE DOWNTOWN



In December, Stamford Downtown hosted its 15th annual storefront façade decorating contest called “*Deck the Downtown.*” This year’s event featured 25 Stamford Downtown businesses inviting the public to vote. The winners for Best of Show were Lucky’s Classic Burger & Malt Shop in the restaurant category and Verde Galerie in the retail category. Prize money awarded by Stamford Downtown will go towards permanent spring façade improvements at the winning businesses.



FUEL YOUR NEXT MOVE

Ignite is back with grants up to \$10K for eligible women-owned small businesses in Connecticut. Don't wait to apply!

APPLICATIONS ACCEPTED FEB 3–MAR 18.



Women's Business
Development Council

[CTWBDC.ORG/IGNITE](https://ctwbdc.org/ignite)


A WBDC GRANT
PROGRAM

MAKING DREAMS VISIBLE: SAA CELEBRATES BLACK HISTORY MONTH

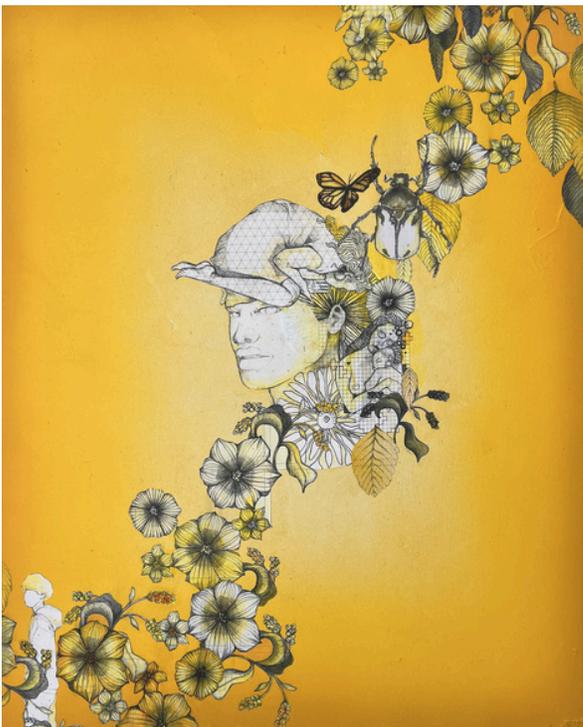
In celebration of Black History Month, the Stamford Art Association invites the community to the opening of *Dreams in Full View* at the Ferguson Library.

Dreams in Full View, curated by Tara Blackwell, features works by regional artists of color. Across different media, styles, and perspectives, the artists share personal narratives and collective hopes, honoring everyday moments and visions for the future. Together, these works remind us that dreaming is not only about what lies ahead, but also about the hopes carried forward from the past and what continues to live in the present. This exhibition invites viewers to experience the beauty, strength, and joy that emerge when dreams are made visible, shared, and celebrated.

Featured artists include:

Mike Bazelais, Jean Benoit, Tara Blackwell, Lauren Clayton, Nicole Grant-Paul, Lila Malone, Aisha Nailah, Sain't Phifer, Laurie Rivera, Sherron Robinson, Kristin Ruty, Sharon Smalls, Remy Sosa, Chardel Studio, and Tiara Trent.

An opening reception will take place on **Wednesday, February 11, from 5:30PM – 7:00PM** at the Ferguson Library in the third floor auditorium gallery, and will feature a spoken word performance by Sahnra Sawyer, Founder of *We've Got Something to Say*, a creative platform that promotes mental health and well-being through poetry by creating safe spaces for diverse voices to be heard. The exhibition will be on view through March 26 during regular library hours.



STAMFORD DOWNTOWN

Winter Restaurant Weeks 2026

Dine like an Olympian in Stamford Downtown!

Monday, February 16 - Sunday, March 1



~ Participating Restaurants ~

- Acuario Restaurant • TheAmericano • Bar Rosso • Barcelona Wine Bar
 bartaco • Bedford Hall • Blackstones Steakhouse • The Capital Grille
 Capriccio Kitchen & Bar • Çka Ka Qëllu • Columbus Park Trattoria
 Divina Modern Italian • Fiesta on Main Restaurant • FISH Restaurant + Bar
 Flinders Lane Kitchen & Bar • Hudson Social • Kashi Sushi Lounge
 Kotobuki Japanese Cuisine • Kouzina • Love Meat Korean BBQ
 Maruichi Select • Masa Taco Bar • Mecha Noodle Bar • Noches de Colombia
 Penny Cha • Siena Ristorante Stamford • Taj Indian Cuisine Stamford • Teff
 Terra Gaucha Brazilian Steakhouse • Towne Parlor • Tutti Pazzi
 ZAZA Italian Gastrobar

For menus and details visit stamford-downtown.com

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PARTNERS

