

# STAMFORD DOWNTOWN

## MONTHLY E-NEWSLETTER



### LETTER FROM THE PRESIDENT

In late January, the City of Stamford and State of Connecticut experienced the wintery strength of Winter Storm Fern. Despite the blustery winds and deep snow, Downtown remains the center of a bevy of activity that will continue our city center's growth into a truly mixed-use neighborhood and regional destination for urban living, culture and entertainment.

Construction is progressing with the transformative, mixed-used projects at 74 Broad Street and 130 Broad Street. These projects are led by RMS Companies and F.D. Rich, respectively. The City of Stamford continues the Complete Streets project that will remake the former parking area at the corner of Bedford and Forest Streets into a landscaped parklet and permanent dining area. The Avon Theater closed in mid-January in preparation for the commencement of an exciting, comprehensive renovation and expansion.

Stamford Downtown, in partnership with the City of Stamford, is undertaking multiple steps in an effort to offset any temporary disruption resulting from these construction and infrastructure projects.

Stamford Downtown has partnered with [Holly Danger](#), a Stamford-based video artist, the Ferguson Library and MarLo Associates to produce *Endless Color*, a projection art installation, which lights up the eastern facade of the Ferguson Library. *Endless Color* supplements Stamford Downtown's existing winter lighting initiative to draw visitors and residents to Bedford Street. This project is visible each night from 5pm – 10pm until early March.

The organization has invested in signage to alert pedestrians and drivers that the businesses in the vicinity of Bedford and Forest Streets remain open and to encourage the use of the Bedford Street Parking Structure located a short walk from the project site.

Stamford Downtown has partnered with the City's Transportation Bureau and media partners such as [HeyStamford!](#) to provide project updates and further encourage the use of the Bedford Street Garage.

Our organization will continue to refine, and invest in, efforts to draw patrons to Bedford, and the entirety, of Downtown during this busy time.

## BUSINESS SPOTLIGHT: RUMBLE BOXING STAMFORD

Looking to shake up your fitness routine? Rumble Boxing Stamford is bringing high-energy workouts and community-driven fitness to downtown. Located at 355 Atlantic Street, this boutique studio offers a dynamic 10-round workout that combines boxing, strength training, and cardio in a fun, music-driven environment.

Whether you're new to boxing or a seasoned athlete, Rumble's inclusive classes are designed for all fitness levels, with expert trainers guiding participants through every round. The studio's upbeat atmosphere and team-focused energy make it easy to stay motivated while building strength, confidence, and endurance.

Ready to try it for yourself? Visit Rumble Boxing Stamford at 355 Atlantic Street or book a class at [rumbleboxinggym.com/location/stamford](https://rumbleboxinggym.com/location/stamford).



## BLACK HISTORY MONTH AT THE FERGUSON LIBRARY

### Arts & Literature at The Ferguson Library

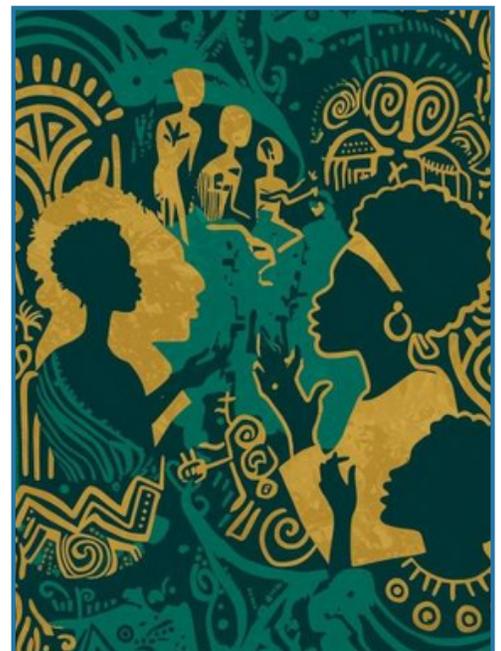
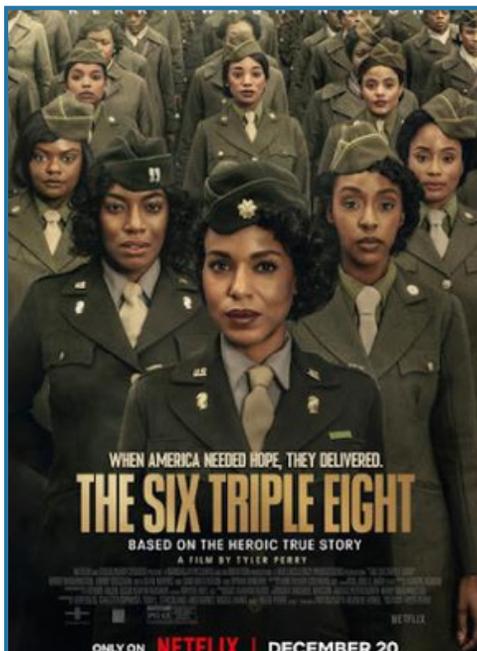
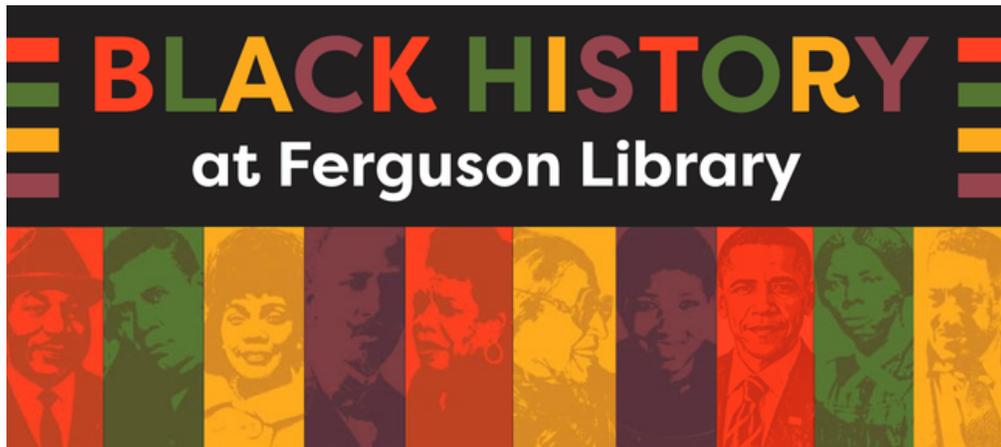
The library is hosting several specific programs throughout Black History Month:

**Black History Month Open Mic Competition:** Monday, February 23 (Auditorium). A showcase for Stamford high school students to perform spoken word, song, and dance.

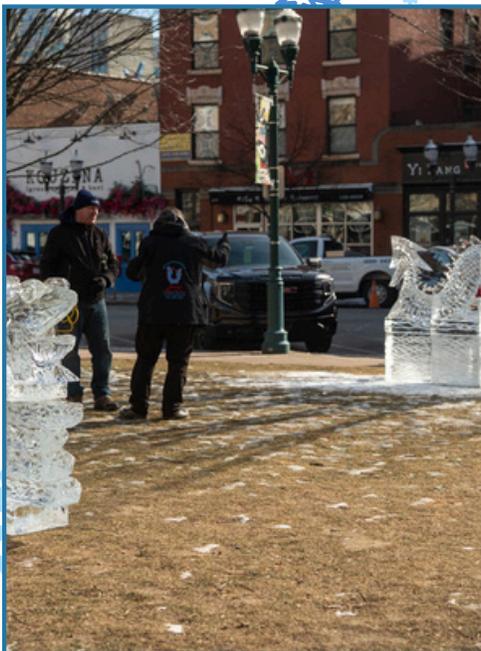
**Author Talk - Jacqueline Jones:** Thursday, February 26, 6:30 PM. The Pulitzer Prize winner will discuss her book *No Right to an Honest Living*.

**Film Screening - "The Six Triple Eight":** Friday, February 27, 6:30 PM. A screening of the film about the only all-Black, all-female battalion to serve overseas during WWII.

**African and African American Authors Book Discussion:** Monday, February 23, 7:00 PM. A virtual discussion of *The Jailhouse Lawyer* via Zoom.



# FIRE & ICE EVENT PHOTO GALLERY



## STAMFORD DOWNTOWN IS SPREADING THE LOVE 🌹

**Valentine's week**, Stamford Downtown is spreading the love 🌹

Our Downtown Ambassadors will be surprising the community by handing out **one dozen roses** each day, courtesy of [Verde Galerie Flower Shop & Cafe](#).

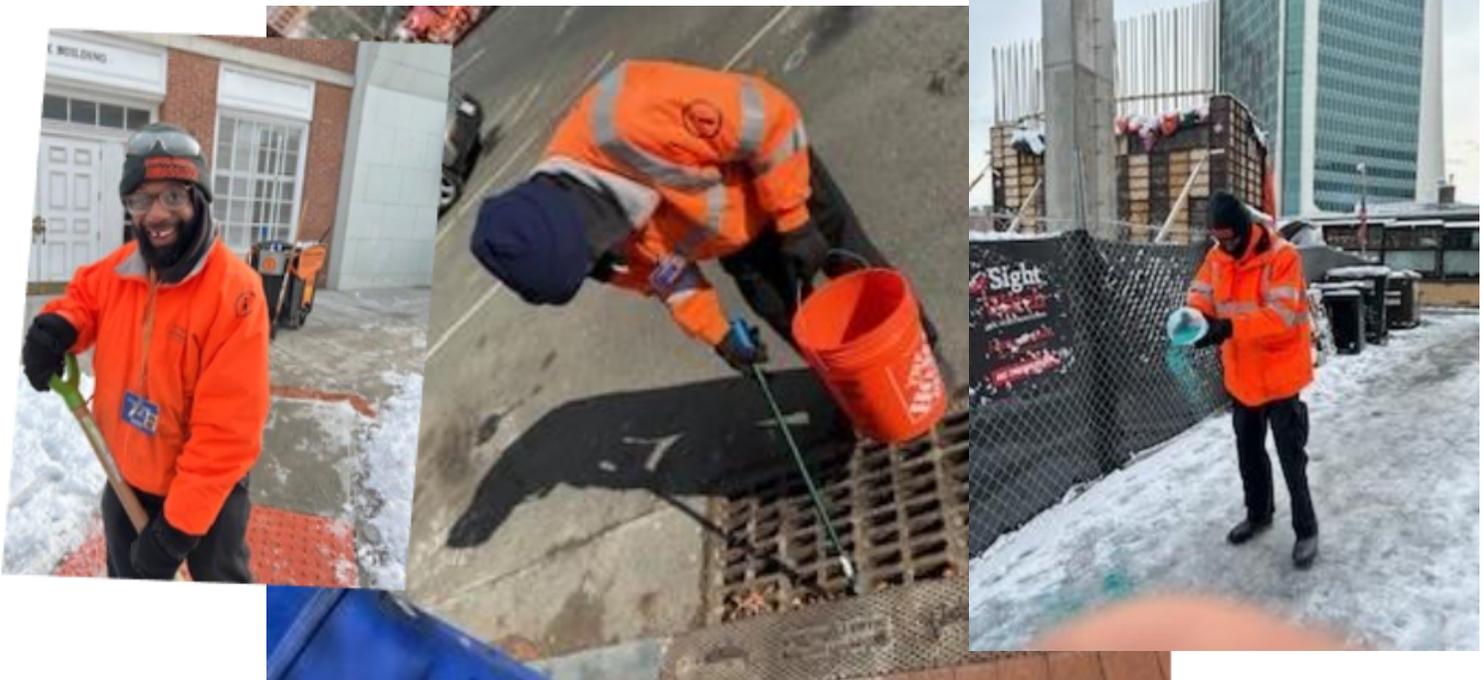
Whether you're commuting, shopping, or just strolling through Downtown, keep an eye out—you might be the lucky recipient of a little unexpected love, courtesy of a local favorite. ❤️

Because Valentine's Day isn't just about romance—it's about community.



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## AMBASSADORS HARD AT WORK THIS WINTER



## SABOR LATINO GRAND OPENING



We're excited to welcome Stamford Town Center's newest dining destination! Sabor Latino has officially opened on the 7th-floor food court, bringing fresh, authentic Latin American flavors to the heart of downtown Stamford. Locals and visitors can now enjoy a delicious selection of traditional dishes — from savory arepas and empanadas to other Central and Latin American favorites — served daily from late morning through early evening.

This vibrant new spot adds to Stamford's rich and diverse dining scene and offers a great lunch or dinner option while you shop, work, or explore downtown. Be sure to stop by, say hello, and taste the bold, heartfelt flavors that make Sabor Latino a standout experience in our community.

Come support local small business and enjoy a flavor journey right here in Stamford!



## CELEBRATE LUNAR NEW YEAR THE MAIN FERGUSON LIBRARY

Lunar New Year Game, Story & Craft  
Thursday, February 19 from 2 to 3:30 p.m.  
New Materials Room

Enjoy a game and story about the Chinese zodiac, then decorate your own glass lantern to celebrate the Lunar New Year. Supplies will be provided.

Grades K to 8. Registration required.



# STAMFORD DOWNTOWN

## Winter Restaurant Weeks 2026

*Dine like an Olympian in Stamford Downtown!*

**Monday, February 16 - Sunday, March 1**



**~ Participating Restaurants ~**

Acuario Restaurant • TheAmericano • Bar Rosso • Barcelona Wine Bar  
 bartaco • Bedford Hall • Blackstones Steakhouse • The Capital Grille  
 Capriccio Kitchen & Bar • Çka Ka Qëllu • Columbus Park Trattoria  
 Divina Modern Italian • Fiesta on Main Restaurant • FISH Restaurant + Bar  
 Flinders Lane Kitchen & Bar • Hudson Social • Kashi Sushi Lounge  
 Kotobuki Japanese Cuisine • Kouzina • Love Meat Korean BBQ  
 Maruichi Select • Masa Taco Bar • Mecha Noodle Bar • Noches de Colombia  
 Penny Cha • Siena Ristorante Stamford • Taj Indian Cuisine Stamford • Teff  
 Terra Gaucha Brazilian Steakhouse • Towne Parlor • Tutti Pazzi  
 ZAZA Italian Gastrobar

For menus and details visit [stamford-downtown.com](http://stamford-downtown.com)

PRESENTED BY



PARTNERS



# FUEL YOUR NEXT MOVE

Ignite is back with grants up to \$10K for eligible women-owned small businesses in Connecticut. Don't wait to apply!

**APPLICATIONS ACCEPTED FEB 3-MAR 18.**



Women's Business Development Council

[CTWBDC.ORG/IGNITE](http://CTWBDC.ORG/IGNITE)

**Ignite**  
A WBDC GRANT PROGRAM



# ENDLESS COLOR

**CREATED BY VIDEO ARTIST HOLLY DANGER  
PRESENTED BY STAMFORD DOWNTOWN**

**ON VIEW EVERY NIGHT 5-10 PM  
JANUARY 7 - MARCH 7, 2026**

**SPRING IS ONLY A FEW WEEKS AWAY...**

