

bartaco stamford 222 summer st, stamford / 203.323.8226

available weekdays 11am-3pm, 2/17-3/2 (no substitutions)

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choose 1 protein for rice bowl or up to 3 for tacos (mark "L" to swap tortilla for bibb lettuce +.25¢)

1 rice bowl or

chips + salsa verde 290 cal.

3 tacos

7 chips + salsa

roja 290 cal.

<u> </u>	1.							
spiced chicken verde 160-480 cal.								
seared chorizo 140-420 cal.								
falafel (contains gluten) 200-600 cal.								
pistachio cauliflower (contains nuts) 220-660 cal.								
choose	one							
chopped salad 260 cal.	chicken tortilla soup 280 cal.							
2,000 calories a day is use advice, but calorie needs wonutrition information avai * consuming raw or undercooked shellfish or eggs may increase yo these items may be spicy, for n service leader. please let us know if there are are be aware of when preparing your	vary. additional lable upon request. It meats, poultry, seafood, ur risk of foodborne illness. nore details please ask a my allergies we should							