### STAMFORD DOWNTOWN

**MONTHLY E-NEWSLETTER** 

#### **URBY STAMFORD WELCOMES A NEW PATISSERIE...**





Left: Sebastien Muller (center) and staff. Right: Interior of Canard Café Bar

Spring is in the air as <u>Urby Stamford</u> welcomes <u>Canard Café Bar</u>, a new coffee bar at 1 Greyrock Place. Two years after launching their flagship store at Jersey City Urby, Founder Sebastien Muller, is excited to bring his Parisian-style café to Stamford Downtown. With a garden like setting with lots of tropical plants, this cozy coffee bar offers a sunlit, upbeat atmosphere to reunite with friends or slip away from the office for a coffee.

Canard's coffee is custom roasted in Brooklyn, NY in small batches, ensuring its top quality. Within this beautiful environment, Sebastien has created the essence of a Parisian patisserie selling macarons, pastries, crepes and desserts. The creator of this European café plans to also serve liquor and to offer exceptional weekend brunches later this spring. As Sebastien explains...

"In France, coffee is served with sugar cubes (often little dark chocolate squares). The sugar cube is dunked into a warm cup of coffee and then nibbled to get all the sugary-coffee goodness! Process is known as 'faire un canard'. In English, it means a rumor or unfounded story."

It did not take long for the <u>Avon Theatre Film Center</u> and Canard Café Bar to join forces in a special promotion offering patrons of the theatre a free croissant at the café after showing their ticket stub. Similarly, Canard Café Bar customers will receive a free medium popcorn voucher (\$8 value) at the Avon Theatre Film Center with a purchase of item at Canard Café Bar. There are many reasons to explore this oasis, but when you do, it is suggested not to leave before sampling the specialty coffee!

Order ahead now.



Some of the 25+ team members preparing just made, just for you - fresh offerings!

## fresh&co®

#### Looking for a healthy meal or snack? Just take a walk down Atlantic Street...

<u>Atlantic Station</u> residents and their neighbors in Stamford Downtown can now all enjoy its latest amenity, an innovative food establishment called <u>fresh&co.</u>, located at 355 Atlantic Street. This new-to-Stamford food purveyor sources fresh ingredients every day. Everything you see on their creative menu is prepared daily on-site. With seating for over 50, the eat-in or take-out eatery has a hip, airy vibe with 20 foot ceilings which allows plenty of sunlight to pour in.

Owners Victor Shaio and Patrick Saunders invite you to come by for a healthy, made to order, just for you, breakfast, lunch, or dinner. Breakfast starts at 7 A.M. with grab and go offerings as well as more robust options with a plethora of breakfast sandwiches choices: From bacon, egg, and cheese; chorizo burritos; pancakes; french toast, and more. Pro tip: try their Power BLT.

The fresh&co. menu offers something for all food palates. From the hearty eater to those inclined to eat vegan, vegetarian, or gluten-free, there really is something for everyone! "The salad bar is the star of the show," notes Victor Shaio. All the dressings are made in house daily. There is a myriad of toppings to choose from, or you can pick from the menu of chef designed salads. The Market Table is a special feature with your choice of fresh roasted salmon, blackened chicken, crispy chicken and more, paired with your choice of two sides of various fresh veggies or mac and cheese; as well as a base grain like wild rice, quinoa, or cauliflower rice.

fresh&co. is an ideal choice to cater your next office function or party. Take a look at their robust <u>catering menu</u> online. Sandwiches, side salads, smoothies, and parfaits are also favorites on the menu. Shaio and Saunders hope to introduce outdoor seating on their expansive sidewalk just in time for the warm weather!

#### SGT. ADRIANA MOLINA IS CITY OF STAMFORD'S 2024 CITIZEN OF THE YEAR



Sergeant Adriana Molina of the Stamford Police Department's (SPD) Behavioral Health Unit (BHU) has been announced as the 2024 <u>Citizen of the Year (COTY)</u>. As described in the formal announcement made by the COTY Selection Committee, Sgt. Molina received this prestigious recognition as the result of her leadership of the SPD's innovative BHU. The BHU directs measured responses to mental health, substance abuse, and domestic crises, augmenting traditional law enforcement with service referrals to the City's many health and social services partners. Sgt. Molina has also proven an invaluable resource to the Hispanic community and service organizations throughout the City of Stamford.

As stated by Mayor Caroline Simmons, "Sgt. Molina exemplifies selflessness, compassion, service to others and is a role model to many. She is always going above and beyond the call of duty and I want to congratulate her on this well-deserved recognition."

In recent years, Sgt. Molina has offered vital assistance to Stamford Downtown's efforts to provide outreach to homeless individuals, or those at-risk of homelessness, in Downtown. More specifically, Sgt. Molina and the staff of SPD's BHU meet with homeless individuals to learn more about their personal background and to connect them with available social services. Sgt. Molina often provides Stamford Downtown staff with technical assistance and direction regarding the appropriate steps to assist a person found in distress.

Two upcoming events will celebrate Sgt. Molina. The first is when her name plaque is added to those previously honored at The Government Center, and the second is at the 2024 Stamford Citizen of the Year dinner which will take place on May 29th. To learn more about tickets and sponsorship opportunities for the COTY Dinner, click <u>here</u>.

#### STAMFORD POLICE DEPARTMENT'S 2ND ANNUAL MENTAL HEALTH FAIR

Stamford Police Department's (SPD) Behavioral Health Unit's (BHU) will host its second annual Mental Health Fair on Sunday, April 28, 2024. This Mental Health Fair will take place at 805 Bedford Street. The SPD's BHU was created in May 2021, in partnership with a private organization (Recovery Network of Programs), to address the rise of mental illness and affects on the community. The Stamford Police Department is the first Police Department in the State of Connecticut to partner with a private entity for this mission. Stamford Downtown works closely with the SPD SHU to identify individuals who are in mental distress and then works to connect these individuals with available services.

The Mental Health Fair will take place outside on the lawn of the SPD Headquarters and will include representatives from many regional and local social entities. In addition, attendees will be able to experience Stamford Fire Department trucks or receive a lesson in performing CPR. Stamford Downtown is happy to partner with the SPD's BHU to help reduce the stigma associated with mental illness and to connect those individuals in the downtown community, who are suffering mental distress, homelessness or addiction, with much needed services.





Nick Casinelli and interior of Connecticut Cigar Company (CCC)

#### ATTENTION CIGAR LOVERS



Recently featured in the March 2024 issue of *Cigar Aficionado* magazine was Downtown's own Nick Casinelli, owner and operator of <u>Connecticut Cigar Company (CCC)</u> located at 43 Bank Street. The article's headline reads as follows... "Last June, Connecticut Governor Ned Lamont signed <u>SB 905 into law</u>, allowing cigar bars to return to the state for the first time in over 20 years. The first new cigar bar license—complete with the right to serve drinks in a cigar-friendly atmosphere—has been issued to the Stamford-based Connecticut Cigar Company. The longtime cigar retailer and lounge received its license in January, and has been fully operational as a cigar bar ever since."

The process was not easy as it required installation of a brand new ventilation system and other upgrades as regulated in city ordinances. However, the reception has been extremely positive from both long-time patrons and new customers, explains Nick. They are now looking forward to featuring bourbon and other fine spirits, wine and beer tastings along with live jazz music. The Stand-Up Comedy Series on the first Tuesday of every month has been a big hit. This spring, CCC will introduce outdoor seating so patrons and guests can enjoy a fine cigar with a cocktail in a comfortable outdoor Downtown setting.

# STAMFORD DOWNTOWN ENVIRONMENTAL MAINTENANCE & AMBASSADOR SERVICES MARCH STATISTICS





1,145 TRASH (LBS) REMOVED



21x GRAFFITI REMOVED (PAINT, STICKERS, HANDBILLS)



694
HOURS CLEANING



32



254
PUBLIC ENGAGEMENTS



25x LEGAL DUMPING REMOVED

