



MEDIA ALERT & PHOTO OPPORTUNITY

Stamford Dances Downtown This Weekend in Mill River Park

WHAT: **Stamford Dances Downtown** is a free event in Mill River Park featuring Connecticut Ballet, Thomas/Ortiz Dance and features a free dance class by Metropolitan Dance Center

This is a free event, but registration is requested.

WHEN: **Saturday, July 23, 2022 5pm**

WHERE: Pure Life® Stage in Mill River Park, Stamford Downtown

DETAILS: Mill River Park and Stamford Downtown present an evening of dance on Saturday, July 23, 2022 (rain or shine)!

Kick off your dance shoes and join us up on the Pure Life® Stage for community dance lessons from 5:00 pm - 5:45 led by Metropolitan Dance Center.

Then enjoy live performances from professional dance companies take the stage at 6:30 pm featuring Connecticut Ballet and Thomas/Ortiz Dance.

Join us with your lawn chairs and picnic suppers but there will also be food and drink available for purchase.

The event is free and open to all but registration is requested!

Register Via QR or <https://bit.ly/3GmfLuY>

For more information, please email lynne@stamford-downtown.com

STAMFORD DANCES DOWNTOWN

*In
Mill River Park*

**July 23rd
5pm**

Featuring
**Connecticut Ballet
Thomas/Ortiz Dance**

With Dance Class by
Metropolitan Dance Center

Register



Or visit
<https://bit.ly/3GmfLuY>



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Mill River Park
COLLABORATIVE

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