

# CITY CHALLENGE

## O B S T A C L E   R A C E

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### **Stamford Downtown to host first City Challenge Obstacle Race**

Stamford Downtown, May 7, 2019 - For the first time this year, Stamford Downtown is proud to host **City Challenge Obstacle Race** on the streets and parks of Stamford Downtown on **Sunday, July 28, 2019**. City Challenge features the most obstacles per mile of any race and includes over 20 urban challenges throughout Stamford Downtown including Urban Cliffhanger, Teeter Totter, Tricky Swiss, Flat Tires, Devil's Playground, and more! This 3-mile competition will begin and end in Mill River Park.

The mission of **City Challenge Obstacle Race** is to enable participants of all fitness levels to push through physical and mental limits, while having a great time with friends, family, and colleagues. Voted the “#1 Obstacle Race guaranteed to make you fit, healthy and happy” by BuzzFeed, **City Challenge Race** has become increasingly popular since its 2013 debut in Hoboken. The events are held in dynamic cities throughout the United States including Hoboken, Jersey City, New York City (Randall’s Island), Boston, Stamford, Miami and Orlando; challengers get to run through city streets while attempting to conquer challenging obstacles against the backdrop of some of the nation’s most amazing skylines.

“Our team is excited to bring our event to The City of Stamford. Since 2013 we have continually produced successful races that promote fitness and bring our communities together and Stamford will not be the exception. In just our first month, since opening registration, we have seen dozens of teams join and are certain that by July 28<sup>th</sup> we will have thousands of participants conquer our urban challenges. It is great to come to a new city with so much energy like Stamford, Connecticut!”, says Elvi Guzman, founder at City Challenge Race.

Sandy Goldstein, President of Stamford Downtown, said “We are delighted to host this engaging event. City Challenge will bring several thousand participants to the Downtown. We invite all of them to remain after the event and enjoy the restaurants and shops that make our Downtown so vibrant.”

Stamford Downtown is grateful to CTNext for a grant that partially funds the City Challenge Obstacle Race in Stamford Downtown.

Registration is open for individual and teams at

<https://runsignup.com/Race/CT/Stamford/StamfordCityChallengeRace>

For more information, email City Challenge Obstacle Race at [info@citychallengerace.com](mailto:info@citychallengerace.com) or call 201-659-3873.

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CITY CHALLENGE OBSTACLE RACE 45-SECOND PROMO VIDEO:

[https://drive.google.com/file/d/1OsME2zAsMNuz4ynITLWYLC36\\_yMNQ7s-/view?usp=sharing](https://drive.google.com/file/d/1OsME2zAsMNuz4ynITLWYLC36_yMNQ7s-/view?usp=sharing)