

## FOR IMMEDIATE RELEASE

### **Contact:**

Mike Moore  
Stamford Downtown Special Service District  
moore@stamford-downtown.com  
203-348-5285

## **PARK(ing) Day in Stamford Downtown Friday, September 21**

STAMFORD CT, September 19, 2018 – **Park(ing) Day** will return to Stamford Downtown this Friday, September 21, 2018.

**Park(ing) Day** is a one-day, world-wide event that allows businesses and community members to convert on-street parking spaces into pedestrian-friendly urban parks, or parklets. Each participant will program the parklet thus energizing the street with a variety of activities. The Stamford Downtown Special Services District (Stamford Downtown), in partnership with the City of Stamford, is excited to re-introduce parklets along Bedford Street.

This year six (6) Bedford Street businesses will participate. Their collective efforts will energize the streetscape while highlighting the potential of parklets. This year's Stamford Downtown **Park(ing) Day** participants, and respective activities, will include:

**16 Handles** (219 Bedford Street) – DJ and music

**Chic Jack's Vintage Clothing** (95 Bedford Street) – Display of vintage clothing

**Life Cycle** (135 Bedford Street) – Spin Bike Demonstrations

**Lorca Coffee Bar** (125 Bedford Street) – Café and board games

**Metropolitan Dance Center** (105 Bedford Street) – Dance class demonstrations

**Stamford Yoga Center** (13 Spring Street) – Yoga demonstrations and mini-classes.

Stamford **Park(ing) Day** activities will happen throughout the day and conclude at 7pm. Visit Stamford Downtown and experience **Park(ing) Day**.

Please refer to the website (<https://www.asla.org/contentdetail.aspx?id=46872>) of the American Society of Landscape Architects to learn more about **Park(ing) Day**.

For any questions or inquiries please contact Mike Moore of Stamford Downtown at [moore@stamford-downtown.com](mailto:moore@stamford-downtown.com).

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