

FOR IMMEDIATE RELEASE

Contact Frank Gaffney Stamford Downtown Special Services District
203-348-5285, frank@stamford-downtown.com

TWO EVENTS AT THE STAMFORD DOWNTOWN FARMERS MARKET

THIS SATURDAY JUNE 24th!

Prospect Street at Latham Park (Bedford Street) in Stamford Downtown
9am - 3pm

STAMFORD CT, June 20, 2017 – This Saturday, June 24 at the Stamford Downtown Farmers Market! –

We have two special events:

Y Without Walls: Wellness Under the Sun returns to the Farmers Market with a Zumba Class at 9:30am, then BOOT Camp at 10:30am. The classes are free and run on the following Saturdays: July 1, July 8, July 15, July 22, July 29, August 5 & August 12. It's never too late to start a fitness regimen!

Then at 1pm, we are hosting our first CHESS DAY. From 1-3pm, members of The National Educational Chess Association will be on hand to play chess and even help you perfect your moves! It's a great place to play with some experts and get some tips on strategizing.

And, while you are there, you can shop for the freshest fruits, vegetables, plants, baked goods, olives, handmade soaps and more! and more! The Stamford Downtown Farmers Market happens Saturdays on Prospect Street at Latham Park (Bedford Street) from 9am to 3pm from now until October 28, 2017

NEW THIS YEAR: The Stamford Downtown Farmers market will be accepting SNAP/EBT cards for payment, allowing everyone access to healthy food options.

So, shop our CT Grown items at the Stamford Downtown Farmers Market, which has some exciting new vendors. Visit stamford-downtown.com or call 203-348-5285 for more details.

Vendors include:

Country Farm: Fresh fruits and vegetables from Northford, CT

Meredith's Country Bakery: Full line of bakery products and jam

Olive Oil Mediterranean: Kardamas olive oil and oregano, produced on their family-owned farm in Greece

Beldotti Bakery: Bread, pesto, mozzarella and SANDWICHES!

Vesco Foods: Pickles, olives, olive oil, sun dried tomatoes, tapenade

Waterview Farm: Organic produce and free range eggs

McCants Mini Cheesecake: mini cheesecakes in a jar

Mill Pond Essentials: handmade soap, candles and perfumes

Body and Spirit: handmade lotions, scrubs, clay facial products and more